

# 2023

# February

## EASTLAND BREAKFAST

| MONDAY  | TUESDAY                                     | WEDNESDAY  | THURSDAY                       | FRIDAY  | SATURDAY | SUNDAY |
|---|---|--|--------------------------------|---|----------|--------|
| 30  | 31  | 01<br>Cereal Bar Kit<br>Fruit Cup  | 02<br>Cereal Pack<br>Fruit Cup | 03<br>Yogurt<br>Granola<br>Fruit Cup<br>Fruit Juice | 04       | 05     |
| 06<br>WG Bagel or Donut<br>Fruit Juice<br>Fruit Cup | 07<br>WG Muffin<br>Fruit Cup<br>Fruit Juice | 08<br>Cereal Bar Kit<br>Fruit Cup  | 09<br>Cereal Pack<br>Fruit Cup | 10<br>Yogurt<br>Granola<br>Fruit Cup<br>Fruit Juice | 11       | 12     |
| 13<br>WG Bagel or Donut<br>Fruit Juice<br>Fruit Cup | 14<br>WG Muffin<br>Fruit Cup<br>Fruit Juice | 15<br>Cereal Bar Kit<br>Fruit Cup  | 16<br>Cereal Pack<br>Fruit Cup | 17  | 18       | 19     |
| 20  | 21<br>WG Muffin<br>Fruit Cup<br>Fruit Juice | 22<br>Cereal Bar Kit<br>Fruit Cup  | 23<br>Cereal Pack<br>Fruit Cup | 24  | 25       | 26     |
| 27<br>WG Bagel or Donut<br>Fruit Juice<br>Fruit Cup | 28<br>WG Muffin<br>Fruit Cup<br>Fruit Juice | 01   | 02                             | 03  | 04       | 05     |
| 06  | 07  | <b>Notes:</b><br>Milk is included with breakfast. Choose from Fat Free White Milk or Fat Free Chocolate Milk.<br>Menus are subject to change due to availability of foods or unplanned school closings.<br><b>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.</b><br><b>FIGS Cafe &amp; Bakery</b><br><b>Contact: Melissa Bryant 614.747.0196</b> |                                |   |          |        |