

April

EASTLAND PREP

2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
01	02	03	04	05	06	07
08 WG Cereal 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	09 Donut 23g Applesauce 17g Fruit Juice 20g	10 WG Muffin 30g Cheez-it 14g Applesauce 17g Fruit Juice 20g	11 WG Cereal Bar 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	12 WG Waffles 30g Go-Gurt 8g Applesauce 17g Fruit Juice 20g	13	14
15 WG Cereal 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	16 Donut 23g Applesauce 17g Fruit Juice 20g	17 WG Muffin 30g Cheez-it 14g Applesauce 17g Fruit Juice 20g	18 WG Cereal Bar 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	19 WG Pancake Wrap 30g Go-Gurt 8g Applesauce 17g Fruit Juice 20g	20	21
22 WG Cereal 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	23 Donut 23g Applesauce 17g Fruit Juice 20g	24 WG Muffin 30g Cheez-it 14g Applesauce 17g Fruit Juice 20g	25 WG Cereal Bar 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	26 WG Waffles 30g Go-Gurt 8g Applesauce 17g Fruit Juice 20g	27	28
29 WG Cereal 30g Graham Cracker 11g Applesauce 17g Fruit Juice 20g	30 Donut 23g Applesauce 17g Fruit Juice 20g	01	02	03	04	05
06	07	<p>Notes:</p> <p>Menus are subject to change due to availability of food or unplanned school closings.</p> <p>THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER</p> <p>Contact: Melissa Bryant 614.747.0196</p> <p>Carb grams indicated in ORANGE.</p> <p>Milk offered with each meal: 1% Milk 12g or Fat Free Chocolate 24g.</p>				